

BIODIVERSITY IN MEDICINAL PLANTS BASED ON AYURVEDA

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Plants are the main source of Ayurvedic medicines. The drug requirement in vedic period was very less because the number of diseases and population were also small. The treatment in Ayurveda is mainly on the basis of tridosha and panchabhootha theory. Present day study points to the need of such classified drug/plant groups for the treatment of each dosha. In this context we require to think about the biodiversity of drug/plants according to Ayurvedic principles. Modern science also considers the importance of the biodiversity in fauna and flora. An attempt is made to point out descriptions on the basis of desabheda; classification of land, people, birds and animals which is now considered by the modern scientists as biodiversity. Ayurveda has described biodiversity with much details in the early days itself which is of great relevance in this modern age and an attempt is also made to discuss the matter in details.

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